

**Cromer
Academy
Year 11
Enrichment
2019-20 Term 1**



Introduction:

Enrichment has changed and developed a lot at Cromer, and we are always looking for new ways to deliver this vitally important part of our curriculum. We want students to have access to a wide variety of experiences and develop the knowledge and skills, required for them to go confidently into the next stage of their lives.

What do you need to do?

Pick **three** enrichment courses, in order of preference, from the options in this booklet.

There are a few different options so make sure you read this carefully and discuss with your parents/carers, if necessary.

The enrichment program happens every Friday in the lesson prior to form time.

Please remember there are limits on course numbers so choose a second and a third option. If you only choose one option, you may not get that option.

Christmas Concert (Selection via audition only)

Delivered by: Mr Hensley

Venue: Drama Studio



We will be developing the Christmas Concert performance Showcase for 2020. This will involve students preparing work for the showcase that will include a variety of performance styles with a festive theme. Furthermore, as part of this activity the selected group will be responsible for organisation of the event and coaching younger students (this could serve as volunteering as part of the DofE programme.) You will need to be selected via audition by showcasing your skill in acting or music. The content of the Christmas concert will be billed as 'Variety Theatre' and will require a mixture of acts with a festive theme. Rehearsals will include: Line learning, singing, blocking scenes on stage, developing scenes, managing transitions, learning choreographed routines and refining the work. Event Management will include: Producing a programme, promotions, photography, press releases, working with younger students, fundraising.

Essential skills you will need: confidence in acting and singing, strong vocal and physical expression, collaborative approach to work, rehearsal discipline and a willingness to act on feedback.

iDEA - The Duke of York Inspiring Digital Enterprise Award

Delivered by: Mrs Harper

Venue: C2



Do you want your CV to stand out from the crowd? This is your opportunity to develop skills, gain knowledge and learn about the digital world. Working through a whole range of challenges you will earn points towards gaining your bronze award and then challenge yourself to completing silver award and even going for gold.

The Duke of York Inspiring Digital Enterprise Award (iDEA) is an international programme that helps people to develop digital, enterprise and employability skills. There is hundreds of modules for you to complete focusing on four different topic areas: citizen, worker, maker and entrepreneur. This award will allow you to focus on areas that interest you and be completed at your own pace.



Boys Football

Delivered by: Mr Bonham

Venue: Astro

A games-based enrichment where students will have the time play matches. depending on the lesson and how students are playing will depend on the type of skill or drill to be practiced before returning and reapplying it to the game.

This is designed to be a fun and inclusive enrichment for Year 11 on a Friday afternoon.



Homework

Delivered by: TBC



Venue: TBC

For those who want to spend some time working on homework, revision or do some on-going review work which you should all be doing anyway, then homework club is for you. You can have access to a calm, quiet space plus computers to help with your study.

Netball training

Delivered by: Mrs Leavey

Venue: Sports Hall

As with many invasion games, netball will develop your aerobic endurance, agility and ability in a range of key skills and tactics. In netball, every player is assigned a position and role, and passing the ball is extremely important. In this way, players develop good hand-eye coordination and quicker reaction time. By taking part in the netball squad you will be organised into two teams who train weekly together and play in regular matches against other North Norfolk schools. Our netball teams have demonstrated a significant improvement over the past year and will be looking to win the 2019-20 District tournament.



During the weekly sessions you will:

- Get to work with different people, learning the advanced rules and tactics for netball.
- Improve your netball skills and techniques over a range of positions during drills and conditioned games
- Play matches against other Cromer Academy teams and also other Schools in the local league and area tournaments.
- Learn how to officiate and coach others
- Have fun!

Photography and Photoshop

Delivered by: Miss Harrod

Venue: CADT1



Restrictions: While this enrichment is open to all students, including current Photography students; a good understanding of basic Photoshop is necessary!

During this enrichment, you'll be able to get hands on and have fun with a Canon DSLR, getting to grips with some of the technical abilities these cameras have and how you can use these to take a range of interesting and fun images. We will explore a range of photography work, from Portrait to Macro, landscape and light painting.

Alongside learning about what you can do with a camera, some of the accessories we use to help with our image taking, we're also going to explore different editing techniques. We'll be learning about Photoshop techniques to edit and manipulate the images that we've taken.

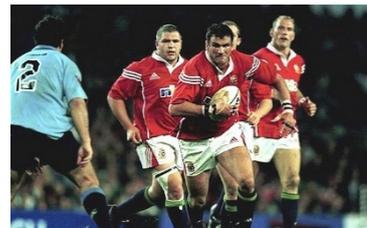
Photography enrichment will allow you to gain confidence and understanding in your artistic and technical ability whilst having fun.

Rugby

Delivered by: Mr Nutt

Venue: Field

Rugby Union, Rugby League, Rugby 7's, and now Rugby X. Come along and join in with games of rugby in varying formats as an athletic and disciplined way to end your week as part of a team.



Science revision and skills

Delivered by: Mrs Pardon

Venue: TBC

Love Science? Struggle with Science? Whether you love Science or just find it really challenging, this is the perfect way to help boost your grade and with it, your confidence! You will be shown effective ways to revise that will hopefully be fun and enable you to be creative with your revision techniques. You will also have some much needed time to practice the techniques that will hopefully enable you to achieve exam success. Content covered will span across all taught Science specifications: Separate Science, Higher Combined Science and Foundation Combined Science. While the sessions will focus on Science the skills and strategies you will learn will be transferrable across all subjects!



Enrichment activity - Choices form

Full name:.....

Form:.....

Year:

You must select three different activities.

1st choice:

2nd choice:

3rd choice:

**Completed forms need to be returned to your form tutor by Monday 17th June.
NB: If you don't meet the deadline you will be allocated an activity based on where there is space. Please make the deadline.**